

# UNEARTHED

Digging beneath the surface and bringing our whole selves before God.

Week 2 Group Discussion Guide (~90 minutes needed)

## **Begin your group by catching up with one another (10 minutes).**

Ask each person to share about how they're doing at work and at home, and how their families are doing. Give each person space to share as much or as little as they want about each bucket.

Then ask, "What is a tradition your family does at gatherings or holidays?"

## **Read this brief description of the topic for Week 2 of the Unearthed sermon series to your group and discuss the following questions (20 minutes).**

This week we are digging beneath the surface of our lives and those closest to us, our family. Your family history may be one that you are proud of or one that you don't enjoy talking about. Either way, all our families have impacted our lives and formed us in certain ways. Take a moment to discuss as a group these questions:

- Do you believe you've been impacted by your family? If so, how?
- What is one good thing or attribute that has been passed down in your family?
- What is a trait that you'd like to see changed or redeemed in your family line?

## **Come back together as a large group to debrief and recap the sermon (30 minutes).**

Have someone begin by reading 2 Samuel 11:1-5. As we heard in the sermon, David's actions erupted into chaos for David and his lineage. The same is true of every family in history; we have all been impacted by the choices of others. Take some time to ponder and answer these questions together:

- Is there one specific moment from your family origin that, like in the story of David, felt like an "earthquake" event?
- How have your family dynamics impacted (or are impacting) your current situation(s) and relationships?
- When you see negative patterns in your life from your upbringing and family, what feelings or thoughts well up in you?

- In his sermon, Dan said *that which is not transformed will be transferred*. What have you seen that's been *transformed* in your family that has led to more godliness? What might be an area that you are *transferring* that God needs to transform in you?
- In His mercy, God gives us the ability to not only recognize poor patterns, but to change them. Read **Col. 3:5-14**. Where do you find hope in these verses?
- How do these verses redefine family (adopted into God's family) and shape how you interact with your family?

**Split your group up into smaller groups to talk more personally (20 minutes).**

- As God's chosen people and part of His family, name one of these attributes you need clothe yourself more with when interacting with your family (compassion, kindness, humility, gentleness, patience). How are you going to do that this week?
- We cannot change our past and upbringing, but we have two options to help renew and redeem it: we either forgive or thank them. Are you at a spot where you need to forgive? Can you find something to thank them for?

**Finish with intercessory prayer (10 minutes).**

As you do each week, finish your group session with prayer. You might designate someone in your group to write down everyone's prayer requests and then send them to the whole group for everyone to be praying about through the week.

- What is one thing you can be grateful for this week?
- What is something we can be praying about for you?

Have someone close your time together by interceding for the requests that were shared.

**EXTRA:**

1. Do the Genogram exercise on page 21-24 of the Unearthed devotional book to help discover more about your family and your history.
2. Also, be sure to listen to this week's Unearthed bonus podcast episode, which you can find on our website at [thecreek.org/unearthed](http://thecreek.org/unearthed).